

WELCOME!

The *Athletic Training Connection* is a newsletter to keep our alumni, staff and students up-to-date on what's happening in the Athletic Training Program at Adrian College.

Inside, you'll find articles covering a wide range of events and interesting topics related to the athletic training profession and our students as they make their way through the program. Find out who won the yearly awards for 2012-13 and catch up with former staff and alumni in the AT Program Community News section among many other things this issue!

If there is any information you would like to have published in our next issue or if you have any questions or suggestions, please contact Program Director, Tina Claiborne, 517-265-5161, extension 4432, or through email at tclaiborne@adrian.edu.

FROM THE DIRECTOR'S OFFICE...

Dear Athletic Training Community,

Another year has passed and as you will see, there is a lot to report!

First and foremost, thank you to the supporters of our program. Your financial gifts and donation of time directly impact the students and the future of the profession. The upcoming pages show the students and community success you have helped to nurture.

To highlight a couple of items, we have had students present research nationally, participate in leadership seminars, and raise money for charity. We have welcomed many new additions to our family including babies and spouses, and can't wait to see what else is on the horizon!

Please take pride in the many accomplishments of your community.

Have a safe and happy holiday season.

Dr. Tina Claiborne



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GRADUATION - SPRING 2013



L - R: Zachary Crothers, Brad Smith, Holly Payne, Trevor Lopez, Maggie Hein, Tyler Stewart, Heather Strong, Brad Stempky



Check out the current Athletic Training website at the following address:

[http://adrian.edu/academics/academic-departments/
exercise-science-physical-education/athletic-training/](http://adrian.edu/academics/academic-departments/exercise-science-physical-education/athletic-training/)

PRECEPTOR OF THE YEAR - 2012/2013



Sara Vida was chosen as the Preceptor of the year for 2012/2013. Sara is the head athletic trainer at Sand Creek High School. Before Sand Creek, Sara spent three years at Hamilton High School in West Michigan as the head athletic trainer. Sara earned her master's degree at the University of Toledo in clinical kinesiology and her bachelor's degree at Ferris State University.

THANKS TO SARA AND ALL OF OUR Preceptors!

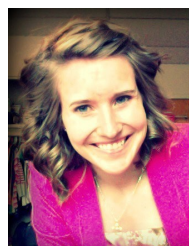
Other Affiliates

- Adrian High School
- Advantage Physical Therapy
 - Bixby Hospital
- Blissfield High School
- Bone & Joint Orthopedics
 - Hillsdale College
- Madison Township Fire Department
 - Sand Creek High School
 - Siena Heights University
 - Tecumseh High School

Preceptors

- Troy Blasius
- Suzanne Harmon
- Jody Manes
- Todd Nighswander
- Lorie Robinette
- Meg Sharp
- Jamie Fetter
- Lynne Herbener-Neukom
- Dr. Jon Maxwell
- Samantha Radel
- Stacy Robinson
- Kathy Steuwe
- Sara Vida

RISING STAR OF THE YEAR - 2012/2013



Emily Borup was chosen as the Athletic Training Rising Star of the Year for 2012/2013.

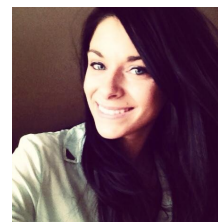
The Rising Star recognition is awarded to an Adrian College Athletic Training Student who exhibits exemplary academic and clinical potential in the initial phase of their athletic training education.

ATS AND ATSO STUDENT OF THE YEAR - 2012/2013



Heather Strong, Class of 2013, was chosen as the Athletic Training Student of the Year for 2012/2013.

Nicole Murzen, Class of 2013, was chosen as the Athletic Training Student Organization Student of the Year for 2012/2013.



ATHLETIC TRAINING STUDENT ORGANIZATION

The Athletic Training Student Organization (ATSO) exists for Athletic Training students to coordinate activities and support each other throughout the school year.

WHERE ARE THE ATSO MEMBERS?
The group raked leaves recently at Dr. Claiborne's home.



- ATSO has been busy selling tape and mouthguards and will soon offer "Microwaveable Recipe Cookbooks" for sale for \$10 each.
- ATSO participated in the "Making Strides for Breast Cancer Walk" in October raising \$150.
- The group helped pack 20,000 lunches for Haiti in November with Jamie Fetter and his church.
- There are 15 members planning to attend the NATA conference in Indianapolis, Indiana in June 2014.

2013-2014 OFFICERS

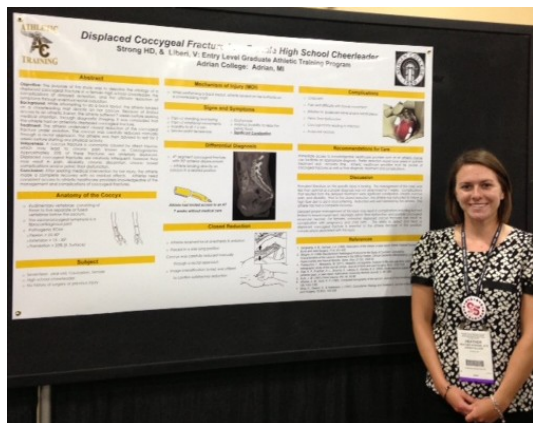
| | |
|--------------------------------|------------------|
| President..... | Nicole Murzen |
| Vice President | Derek White |
| Treasurer | Andrew Klotz |
| Secretary | Zachary Ranney |
| Freshmen Representative | Gentry Sternmann |
| Sophomore Representative | Jacob Morrow |
| Junior Representative | Emily McCauley |
| Senior Representative..... | Casey Donovan |
| Philanthropy Chair | Emily Borup |
| Marketing Chair | Jaclyn Young |



Look for ATSO fundraising opportunities to help our students attend professional meetings like the NATA Symposium, MATS and GLATA conferences and social events.

STUDENTS/FACULTY ATTEND NATA

AT Program Faculty members **Dr. Tina Claiborne**, **Vic Liberi** and **Heather Schuyler** and several AT students and alums attended the 2013 National Athletic Trainers' Association (NATA) Symposium in Las Vegas, NV last June. The Alumni Gathering held during their stay was sponsored by the **Adrian College Alumni Association**, **"Trail Guides" by Discovery Books**, and **Collins Sports Medicine**.



Heather Strong presents "Displaced Coccygeal Fracture in a Female Collegiate Cheerleader."



Students are currently raising funds to make the trip to the next annual meeting...



INDIANAPOLIS
National Athletic Trainers' Association
65TH CLINICAL SYMPOSIA & AT EXPO

WEDNESDAY, JUNE 25 - SATURDAY, JUNE 28, 2014

STUDENTS ATTEND MATS



Chelsea Essenmacher and **Emily Borup** attended the Michigan Athletic Trainer's Society Leadership Summit on October 12, 2013 with the support of the AT Program.



ALUMNI HIGHLIGHT



Aaron Sage graduated from Adrian in 1996 with a degree in Exercise Science/Athletic Training and from the Masters program at Western Michigan University in 2000 with a degree in Health, Physical Education and Recreation/Athletic Training. He spent 13 years with ProMedica in various settings/regions, with the last 5 years being at Whitmer High School in Toledo. He is currently still at Whitmer, but now with Mercy Health Systems Sports Medicine. He has had the opportunity to work the Boys' 16 & 18 USTA National Championships in Kalamazoo and with the Team First Soccer Academy with Mia Hamm, Tisha Hoch, and Kristine Lilly. He has had the opportunity to present numerous times at Sports Care University and represent athletic training on various Toledo television stations. Aaron lives in Adrian with his wife Amanda (Adrian '96) and children Leah and Evan.

AT STUDENTS IN THE NEWS

Seniors **Nicole Murzen**, **Mike Osterman** and **Cody Spotts** were featured in **The College World** newspaper on November 21, 2013. The article by Ellyn Stanton, "Athletic Trainers are More than Just Ankle-Tapers," tells two stories of students helping strangers. Nicole Murzen stabilized a 2 year old girl in Wal-Mart when an accident caused her to stop breathing. Cody Spotts and Michael Osterman recently assisted a fellow student with a seizure. "We knew what we needed to do thanks to our education and I thought that it was a rewarding experience to actually be able to help someone in need," said Mike.

To access the full article, please see the November 21, 2013 edition of **The College World**, page 2.



BOC CERTIFIED!

The Board of Certification, Inc. (BOC) was incorporated in 1989 to provide a certification program for entry-level Athletic Trainers (ATs). The BOC establishes and regularly reviews both the standards for the practice of athletic training and the continuing education requirements for BOC Certified ATs. Recent AT Program graduates who have challenged the Board of Certification (BOC) exam have all successfully passed.



CONGRATULATIONS to a new Class of Athletic Trainers!



Zachary Crothers

Trevor Lopez

Holly Payne

Brad Stempky

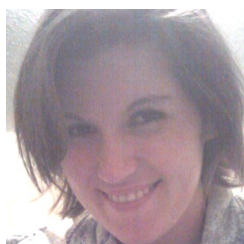
Tyler Stewart

Heather Strong

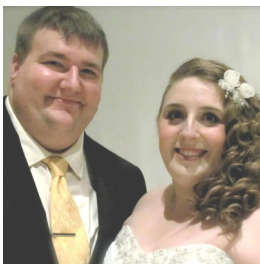
AT PROGRAM COMMUNITY NEWS



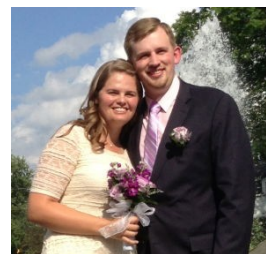
Erin Laske, Class of 2011, with fiancé Tom Pavlovich, also an AC alum,. The big day is December 14, 2013.



Robyn Denney, Class of 2011, was recently hired as the ATC at Morenci High School in Morenci, MI.



Kelly Babbles, Class of 2012 married AC Alum Tom Largent, Class of 2010.



Lindsay Baic, Class of 2011, married Taylor Ball on 9/1/13 and now resides in Columbus, OH. Lindsay is an ATC for Ohio Health.



Tyler Stewart, Class of 2013, is attending Life University in Marietta, GA for chiropractic medicine. Tyler also married AC alum Ashleigh Brozowski, Class of 2012, on 6/14/2013.



Assistant Athletic Trainer **Meg Sharp** and husband Jeremy, welcomed home son Grayson Daniel this past spring.

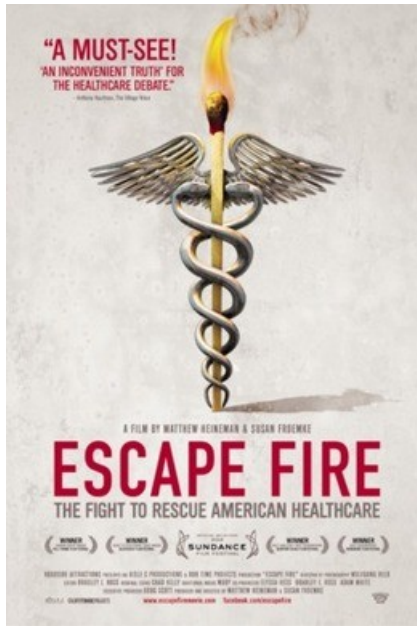


Maggie Hein, Class of 2013, is attending Indiana Wesleyan's Nursing Program.



Former AC staff member, **Ben Towne**, has been selected as a member of the USA Olympic Medical Team in Sochi, Russia.

PASS THE POPCORN!



The Athletic Training Program, together with the ATSO (Athletic Training Student Organization), sponsored a showing of the movie *Escape Fire: The Fight to Rescue American Healthcare* at MJR Theaters in Adrian on October 22, 2013. Preceptors, students, faculty, staff and even AT graduates attended the event, and 5% of the proceeds went to the ATSO.



Preceptor **Lorie Robinette** commented, "It was so interesting!"

Professor **Vic Liberi** has the DVD if anyone missed the showing or is interested in watching it a second time.



Thanks to Adrian's MJR Theaters for hosting the event!



PUBLISHED!

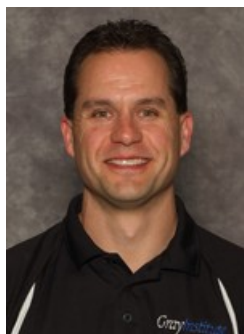


Congratulations to our own **Vic Liberi**, AT professor, who recently had an article published in the *Journal of Athletic Training & Sports Health Care*:

Liberi, V. (2013). Direct Supervision and Independent Learning Can Coexist: Not a New Concept. (Guest Editorial). *Journal of Athletic Training & Sports Health Care*. 5(5), 1-3.



AT ALUMNUS INDUCTED INTO HALL OF FAME



Keith Bozyk, Class of 1994, was inducted into the Adrian College Athletic Hall of Fame this year. He was one of the more talented pitchers to ever wear a Bulldog baseball jersey. He was a key component of the baseball team's first-ever MIAA Championship in 1993 and was named the MIAA MVP and First Team All-MIAA. In that same season, Keith posted a 1.34 ERA which still stands as the top mark in school history. Keith also garnered Second Team All-MIAA honors in 1994.

Keith earned his Masters degree in Rehabilitative Science from Clarion University in Pennsylvania. While earning his Masters degree, he worked as a Graduate Assistant Athletic Trainer at Redbank Valley High School. Keith is now the COO for The Gray Institute in Adrian, Michigan where he not only oversees the day to day operations but also travels as a presenter on a national level, directs the sales and marketing, and is highly involved in the research and development of products. Keith resides in Adrian with his wife Tiffany and their two children, Kayla and Cameron.



LIKE the AC AT Program on FACEBOOK

<http://www.facebook.com/vliberi>



AT STUDENT INTERSHIP WITH THE DETROIT LIONS

Athletic Training student **Anthony Rossi** was fortunate enough to have an internship with the Detroit Lions this summer. Anthony worked the 15 Organized Team Activities (OTAs), the two Mini Camps, and the 6 week training camp at the Lions' facility in Allen Park. Anthony said the experience was amazing and he felt very blessed to be able to work with some of the greatest athletes in the world as well as a lot of great athletic trainers, physical therapists, and doctors.

Anthony was one of 8 interns that came from schools all over the country. He enjoyed comparing notes with them about their AT programs. The interns performed assessments, rehabilitation, treatments, and taping and practice coverage.

They covered both home and away preseason games.

Anthony also said, "while this internship reiterated a lot of the things that I have learned from my time here at Adrian, it also definitely exposed me to a lot of new things in the world of Athletic Training since the budget of an NFL team is so great." He says he gained a lot of experience with manual therapy, rehabilitation, and other small tricks of the trade from working with the staff in Detroit. One of the main things that he took away from this internship is how lucky he feels to be going to school in Adrian and learning from the professors and ATs here.



He also stated "The NFL is definitely seen as the epitome of Athletic Training, and while they are very good athletic trainers, the athletic trainers that we have at Adrian are also very good. They may not have top of the line everything due to a much smaller budget, but they make it work and still keep athletes healthy and return injured athletes to the field as quickly as possible. I was fortunate enough to be asked to come back for regular season home games since I am local, so for now I still go up to Detroit and work the sidelines on Sundays."



AT STUDENTS VISIT WASHINGTON D.C.

As part of ESPE 390 Topics in Exercise Science Spring 2013, Professor Vic Liberi chaperoned a trip to the Washington D.C. area where he and the students visited several schools with athletic training programs, including St. Stephens and St. Agnes School in Alexandria, VA; Fairfax County Public School District in Falls Church, VA; Episcopal High School in Alexandria, VA; George Washington University in Washington, D.C.; Washington D.C. Public Schools; St. Albans School in Washington, D.C.; and National Cathedral School in Washington, D.C.

The purpose of the course was to expose students to various sports medicine environments at both the high school and collegiate level. Various professionals from each facility discussed working conditions and employment in the athletic training profession.



AT students and Professor Liberi at Episcopal High School in Alexandria, VA.



Ms. Melanie Stanton of St. Stephen's and St. Agnes School in Alexandria, VA talks with our AT students.



Ms. Katie Grover, Middle School ATC at St. Stephen's and St. Agnes School, poses with AC's ATs in the Performing Arts Center/Chapel.



Mr. Jay Driscoll of the St. Albans School poses with AC ATs in front of their Bulldog!



Students atop St. Alban's School in the shadow of the National Cathedral.

WELCOME NEW FACULTY & STAFF

Dr. Monica McCullough, assistant professor in exercise science, joined AC in Fall 2013. she earned her BS and PhD degrees in Biological Sciences from Western Michigan University. Her area of research interest is to determine how neurotropic factors are regulated within the neuromuscular system.



Jim Nicknair, a native of Glenburn, ME, earned his bachelor's degree in athletic training from The University of Southern Maine in 2011 and his master's degree in athletic training from Ohio University in 2013. While at Ohio University, Jim served as a graduate assistant working as the head athletic trainer at Belpre High School in Belpre, OH for two years. Jim joined AC as an assistant athletic trainer this fall and is assigned to women's volleyball, men's and women's golf, men's ice hockey and baseball.

Matt Salmen, a native of Minnesota, joined AC as an Athletic Training Intern this fall. He earned a bachelor's degree in Athletic Training from Minnesota State University, Mankato, in 2012. Matt worked as a graduate assistant athletic trainer at Austin Peay State University while earning a Master of Science in Health and Human Performance. He also worked as a certified athletic trainer at Rossview High School as a part of Tennessee Orthopaedic Alliance in Clarksville, TN. Matt is working with men's soccer, cross country, women's hockey and synchronized skating.



Rachel Wright is serving AC as an athletic training intern working with football, women's basketball and women's lacrosse this year. She graduated from Ohio Northern University in 2013 and earned a Bachelor of Science degree in Athletic Training.

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