

The ***Athletic Training Connection*** is a newsletter to keep our alumni, staff and students up-to-date on what's happening in the Athletic Training Program at Adrian College.

If there is any information you would like to have published in our next issue or if you have any questions or suggestions, please contact either Program Director, Dr. Tina Claiborne, 517-265-5161, extension 4432, email: tclaiborne@adrian.edu; or Administrative Assistant, Amy Moore, extension 5023, email: amoore1@adrian.edu.

Visit our Facebook page, "Adrian College Athletic Training Program", located at this address: <https://www.facebook.com/vliberi>, for current information on the program.

FROM THE DIRECTOR'S OFFICE...

Dear Athletic Training Community,

What a great year! Our students, faculty, adjuncts, and preceptors have worked hard to create new and meaningful experiences. An emergency simulation kicked off last year when junior, senior and graduate students worked with Madison Fire Department Paramedics to implement their life saving skills. It was a fantastic day, and the experience received great news press including a TV spot on Toledo news!

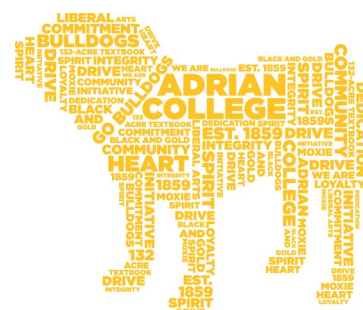
The Athletic Training Student Organization put on the inaugural AT Student Symposium. Local professionals attended and were able to earn continuing education credits while learning about a variety of topics relating to athletic training. What a great way for the students to make a difference in the community!

I couldn't get through a newsletter without talking about accreditation! The staff and faculty are preparing for our re-accreditation site visit in November. This is a very important step for the continued success of our program. I truly appreciate all of the help everyone continues to provide.

As you will see in the pages to come, the 2014/2015 year was packed full of wonderful experiences, peer reviewed publications, marriages and babies! We are so proud of our community and the personal and professional successes you all continue to have.

Dr. Tina Claiborne, Program Director

Go Bulldogs!



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GRADUATION AND END OF YEAR ACTIVITIES



The Master of Science Class of 2015!

Top (L-R): Dr. Tina Claiborne, Mike Osterman, Anthony Rossi, Derek White, Cody Spotts, Vic Liberi

Middle: Casey Fougrousse, Nicole Murzen, Megan Gallatin, Jaclyn Young, Kristen Langermann, Casey Donovan, Heather Schuyler

Bottom: Eric Kilpatrick, Chelsea (Essenmacher) Wancyzk



The Bachelor of Science Class of 2015!

Top (L-R): Spencer Dennison, Jake Ladd, Brayden Starr, James Ruby, Emily Borup

Bottom: Emily McCauley, Sarah Engle, Cara Harm, Amanda Antos, Kaylee O'Neil, Andrew Andonian



Matt Scherer and Bailey Feekings



Everyone had fun at the End of the Year Party!

Best of Luck to our Graduate Students!



Cara Harm, Amanda Antos, Emily Borup

— WE ARE —
ADRIAN COLLEGE

ATHLETIC TRAINING STUDENT ORGANIZATION

The Athletic Training Student Organization (ATSO) exists for Athletic Training students to coordinate activities and support each other throughout the school year.

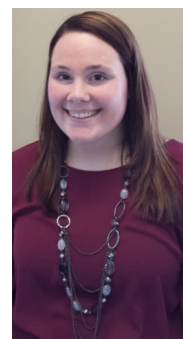
The ATSO held its first annual Symposium on March 22. Funds raised from the cost of admission will benefit future ATSO educational opportunities. Speakers included **Darryl Conway** - "Airway Access in Helmeted Sports: A Paradigm Shift"; **Karen Liberi** - "Pelvic Pain and Urinary Incontinence in Female Athletes"; and Alum **Alyse Exelby** ('12) - "Physician Extender".



Darryl Conway, MA, ATC



Karen Liberi, MS, MPT, WCS



Alyse Exelby, ATC, AT



Students who organized the ATSO Symposium

Top (L-R): Jake Ladd, Brayden Starr, Spencer Dennison, Emily McCauley

Bottom: Brigitte Cameron, Emily Borup, Cara Harm, Amanda Antos, Sarah Engle

ATSO members are currently working on plans for the 2nd Annual ATSO Symposium in the Spring of 2016.

Look for ATSO fundraising opportunities to help our students attend professional meetings like the NATA Symposium, MATS and GLATA conferences and social events.

Contact ATSO President *Brigitte Cameron* or any ATSO member for more information!

ALUMNI, STUDENTS, AC STAFF ATTEND NATA



Adrian College Athletic Training Alumni, current students and staff attended the National Athletic Trainers' Association Symposium in St. Louis, Missouri in June 2015. Everyone got together for some fun at Hannigan's while there. The social was sponsored by the **Adrian College Alumni Association**.

Top (L-R): Brad Smith, 2014; Heather Schuyler, Faculty; Emily McCauley, 2015; Sarah Engle, 2015; Amanda Antos, 2015; Cara Harm, 2015; Kaylee O'Neil, 2015; Rachel Wright, former AC AT intern; Renee Cantrell, AT undergrad; Katelyn Skoczyn, Preceptor;

Bottom: Spencer Dennison, 2015; Jamie Fetter, AT Staff; James Ruby, 2015; Anthony Rossi, 2015, AC Staff; Jake Ladd, 2015; Jacob Adams, AT undergrad; Andrew Andonian, 2015; Brayden Starr, 2015; Emily Borup, 2015; Vic Liberi, Faculty



ALUMNI SPOTLIGHT



Brad Smith, Class of 2013 and 2014, is currently in his second year working at Berea College in Kentucky. During his time there he has had the opportunity to work under the 2010 Kentucky Collegiate Athletic Trainer of the Year, Sandy Williams. He has also had the privilege of working alongside NATA Hall of Fame member Keith Webster. Brad is also serving as a preceptor for students from Eastern Kentucky University.

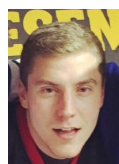
Brad shared the two major things that stand out from his time in the AC AT Program: 1) learning how to think critically and 2) mentoring younger students within the profession.

ANNUAL ATHLETIC TRAINING AWARDS



Emily Borup won the 2015 Outstanding Senior in Athletic Training Award. She is pictured with Dr. Tina Claiborne at the Senior Awards Dinner.

The Athletic Training Student of the Year Award was presented to **Spencer Dennison**.



The Rising Star Award was given to **Nicholas Goettel**.



The ATSO Member of the Year Award was presented to **Sarah Engle**.



The Preceptor of the Year Award was given to **Suzanne Harmon**.

GREAT JOB!






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GRADUATES PUBLISHED

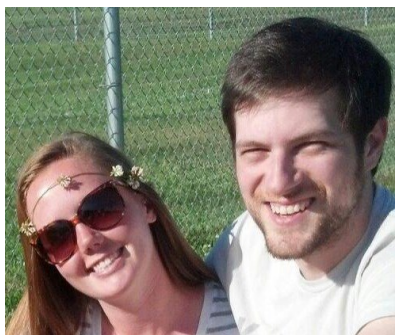
-  Alum and AC Assistant Athletic Trainer **Anthony Rossi**, Alum **Casey Donovan**, and AC Athletic Trainer **Meg Sharp**, published an article titled “Acute Laryngeal Fracture in a Male Collegiate Ice Hockey Athlete” in the September 2015 issue of the *International Journal of Athletic Therapy and Training*.
-  **Jake Ladd** wrote an article titled “Adrian College Adds AT to Press Box for Better Injury Spotting” and it was published in the April 2015 edition of the *National Athletic Trainers’ Association Newsletter*.
-  **Brad Smith’s** thesis research titled, “Ankle Bracing Decreases Vertical Jump Height and Alters Lower Extremity Kinematics” has been accepted for publication in the *International Journal of Athletic Therapy and Training*.

EMERGENCY SIMULATION

On November 21, 2014 Athletic Training students were surprised with an Emergency Simulation on the Football Field. Two players were lying on the field hurt and athletic training students rushed to their aid. The Madison Township Fire Department Ambulance and emergency personnel were called to the scene and assisted the students with care of the players. While that was happening a spectator in the stands experienced a simulated emergency. Athletic training students came to aid the spectator. The simulation was covered by the local newspaper, The Daily Telegram, and TV station WTOL Channel 11 News sent a crew. The simulation was featured on Channel 11 news that evening.

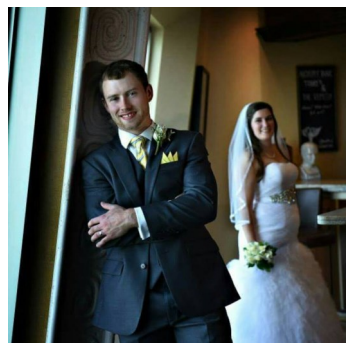


We're Engaged



Alum **Kelly Behen** got engaged to Dominic Scala last July!

Just Married



AT Senior **Dan Hudson** just married wife Bethany on August 1, 2015!



Alum **Tyler Stewart** and wife Ashleigh welcomed Lincoln James on 2/21/15!



Alum **Erin (Laske) Pavlovich** and husband Tom welcomed Elijah on 10/9/14!

AT friend and Preceptor
Katie Ohlman
recently gave birth to new
baby Joseph Michael!



ALUMNI UPDATE

Kelly Behen is now employed as an Athletic Trainer at Dearborn High School in Dearborn, MI. Kelly also recently got engaged!

Casey Donovan is now working as a Certified Athletic Training Intern at Michigan Technological University in Houghton, MI.

Casey Fougerousse is currently working as a Certified Athletic Training Intern at Butler University in Indianapolis, IN.

Maggie Hein is currently working as a Registered Nurse at the University of Michigan Hospital.

Eric Kilpatrick is splitting his time working as an assistant athletic trainer at Hillsdale High School and Hillsdale College in Hillsdale, MI.

Erin Laske is now working at Mercy Elite in Livonia through St. Joseph Hospital and also at Livonia Stevenson High School.

Nicole Murzen is now employed as the Durable Medical Equipment Coordinator at Newport Orthopedic Institute in Newport Beach, CA.

Mike Osterman is working as an Athletic Trainer Physician Extender Resident at Hinsdale Orthopaedics in Westmont, IL.

Cody Spotts is currently enrolled in Palmer College of Chiropractic in Davenport, IA.

Chelsea (Essenmacher) Wanczyk passed the National Registry Exam and earned her EMT certification.

Derek White is working at Zionsville Physical Therapy in Zionsville, Indiana.

Jaclyn Young is currently working as an Athletic Trainer Fellow at the University of Michigan.



WELCOME TO ADRIAN COLLEGE

Anthony Rossi, '15, joined the Athletic Training Staff as an Assistant Athletic Trainer! Congratulate Anthony for joining his alma mater and wish him luck as he takes his first turn as a Preceptor this Fall.



Welcome **Jakob Lauver**, '07, as an assistant professor in the ESPE department. Dr. Lauver earned his BA from Adrian College, MS in Exercise Physiology from Eastern Michigan and PhD from the University of Toledo in Kinesiology with an emphasis in integrated exercise physiology. His areas of research interest include the neuromuscular and blood flow responses and regulation of exercise.

Welcome **Stephanie Grajek**, as an Athletic Trainer. Stephanie is from Howell, MI and earned a bachelor's degree in Athletic Training from Northern Michigan University. Stephanie worked as a Research Assistant on a balance and falls risk study while earning a Master of Science in Advanced Athletic Training with a concentration in Higher Education from Plymouth State University in Plymouth, NH. Stephanie works with women's soccer, women's hockey, women's lacrosse and bowling.



Tyler Koops joined AC as an Athletic Training Intern. Tyler is from Hamilton, Michigan and earned his Bachelor's degree in Athletic Training from Grand Valley State University in 2014. He is currently pursuing a Master's degree in Sports Management from the University of Central Missouri. Tyler works with football, women's basketball and softball.

CONGRATULATIONS AND GOODBYE

Matt Salmen, former Athletic Training Intern, has moved on to a position at St. Lawrence University in Canton, NY. Thanks Matt for the last two years that you served Adrian College and the Athletic Training Program as a Preceptor.



Adrian College

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