

Athletic Training Connection

SPRING 2014

**VOLUME 5, ISSUE 2** 

## **WELCOME!**

The *Athletic Training Connection* is a newsletter to keep our alumni, staff and students upto-date on what's happening in the Athletic Training Program at Adrian College.

Inside, you'll find articles on the recent Program Awards, Graduation, the Plastinate Symposium and news about alumni, current students and faculty.

If there is any information you would like to have published in our next issue or if you have any questions or suggestions, please contact Program Director, Tina Claiborne, 517-265-5161, extension 4432, or through email at tclaiborne@adrian.edu.

## FROM THE DIRECTOR'S OFFICE...

Dear Athletic Training Community,

The athletic training program made history TWICE this year! We were among the first round of programs to ever be allowed to transition accreditation status from the baccalaureate to post-baccalaureate level. With the change from a BS to an MS degree, this opportunity allowed us to seamlessly continue to prepare our graduates for the BOC exam. Our unique curriculum was highlighted in the CAATE newsletter as a step forward for professional programs housed in small liberal arts institutions.

Secondly, and most notably, **Brad Smith** was the first student to graduate from Adrian College with a Master of Science in Athletic Training. His thesis research focused on the effect of lace-up ankle bracing on vertical jump performance and lower extremity kinematics and electromyography. We are proud of his efforts, and wish him luck on the BOC exam!

As always, we have a lot to look forward to in the year to come. Our initial accreditation expires next year. Consequently, we will be closely evaluating the program and writing the self-study document in 2014/15. This will prepare us for a site visit during the Fall semester 2015. Thank you in advance for your hard work with the students and your cooperation with the reaccreditation process.

Great Year!

Dr. Tina Claiborne



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**Meg Sharp** was chosen as the Preceptor of the year for 2013/2014. Meg is the associate athletic trainer at AC. Prior to joining Adrian College, she worked as an assistant athletic trainer at Lipscomb University in Nashville, TN. Meg attended Grand Valley State University and received a Bachelor of Science in Athletic Training. She continued on to graduate school at Middle Tennessee State University, where she received her Master of Science in Exercise Science.

#### **Other Affiliates**

- Adrian High School
- Accelerated Rehabilitation
- Advantage Physical Therapy
  - Blissfield High School
- Bone & Joint Orthopedics
  - Hillsdale College
- Madison Township Fire Department
  - Sand Creek High School
  - Siena Heights University
  - Tecumseh High School

#### 2013/2014 Preceptors

- Peter Benjamin
- Alyse Exelby
- Suzanne Harmon
  - Jody Manes
  - Brian McEwan
  - Todd Nighswander
  - Samantha Radel
    - Stacy Robinson
    - Kathy Steuwe

- Josh Boulay Jamie Fetter
- Lynne Herbener-Neukom
  - Dr. Jon Maxwell
  - Jim Nicknair
  - Katie Ohlman
  - Lorie Robinette
  - Meg Sharp
  - Sara Vida

### THANKS TO MEG AND ALL OF OUR Preceptors!

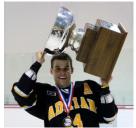
## RISING STAR OF THE YEAR - 2013/2014



*Brigette Cameron* was chosen as the Athletic Training Rising Star of the Year for 2013/2014.

The Rising Star recognition is awarded to an Adrian College Athletic Training Student who exhibits exemplary academic and clinical potential in the initial phase of their athletic training education.

## ATHLETIC TRAINING STUDENT OF THE YEAR – 2013/2014



**Anthony Rossi** was awarded the Athletic Training Student of the Year award for 2013/2014.

This award recognizes students who have taken full advantage of their education by demonstrating dedication to the athletic training profession through scholarly



## ATHLETIC TRAINING STUDENT ORGANIZATION

The Athletic Training Student Organization (ATSO) exists for Athletic Training students to coordinate activities and support each other throughout the school year.

ATSO raised over \$2000 in funds this year through various fundraisers to help support the 15 students planning to attend the NATA conference in Indianapolis, Indiana in June. The group received FinCom funding to cover the cost of their registration and lodging. The group participated in philanthropy activities

### 2014-2015 OFFICERS

President	Emily Borup
Vice President	Emily McCauley
Treasurer	Jake Ladd
Secretary	Natalie Chennault
Sophomore Representative	Jacob Adams
Junior Representative	Bridgett Cameron
Senior Representative	Sarah Engle
Philanthrophy Chair	Jacob Morrow
Marketing Chair ·····	Brayden Starr

such as the "Making Strides Walk" in Ann Arbor in October. They look forward to continuing these activities and giving back to the community in years to come.

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2013/14 Fundraising efforts included the sale of Microwave Cookbooks, Prewrap and black tape sales, Easter Egg fundraiser, Candy Rose sale and Mouthguard sales.

Thanks to the 2013/14 Executive Board!

## ATSO MEMBER OF THE YEAR – 2013/2014



*Nicole Murzen* was selected as the ATSO Member of the Year for 2013/2014.

Nicole also recently presented at the Michigan Undergraduate Psychology Research Conference along with two other AC peers on the Education to Eliminate Stigma about Mental Illness.

## ALUMNI NEWS



Jessica Grubbs recently took a job in Fredericksburg, VA working with patients with stroke, SCI, TBI, etc in a rehab hospital. She says she is very excited and planning on contacting Mary Washington University to see if they have any athletic training opportunities available.



*Nicole Zynda* graduated with her Master of Clinical Medical Science degree with a certificate in Physician Assistant Studies from Barry University in December 2013. She now lives in Sacramento, CA and is working as a PA for Rubin Orthopedic Group.



## **GRADUATION 2014**

#### GRADUATE ATHLETIC TRAINING EDUCATION LABORATORY





**Brad Smith** was awarded the first Masters degree in Athletic Training at Spring Commencement on Sunday, May 4, 2014.

Casey Donovan, Chelsea Essenmacher, Casey Fougerousse, Megan Gallatin, Eric Kilpatrick, Kristen Langermann, Nicole Murzen, Michael Osterman, Anthony Rossi, Cody Spotts, Derek White and Jaclyn Young all graduated with a Bachelor's degree in Exercise Science, Pre-Athletic Training.

They will now continue into their 5th year of the program which will end with them achieving their Masters degrees in Athletic Training.







## AT STUDENTS VOLUNTEER FOR NFL

Athletic Training students *Jake Ladd, Mike Osterman and Casey Fougerousse* volunteered as athletic trainers at the 2014 Super Regional Combine at Ford Field on Saturday, April 12.



The National Football League launched the NFL Regional/Super Regional Combines program in 2012 to serve as a supplement to the League's National Scouting Combine. They are designed to provide an opportunity for participants to display their pro potential and to help ensure that no worthy player is overlooked. Select participants of NFL Regional Combines are invited to attend the NFL Super Regional Combine. Similar to the National Scouting Combine, invitees will have the opportunity to work out and showcase their talents in front of NFL club scouts and player personnel staff.

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# PRECEPTORS GAIN LOCAL RECOGNITION FOR ATHLETIC TRAINING



*Kathy Steuwe,* second from left, receives a proclamation from Jim Berryman, pictured at her left, from the City of Adrian recognizing March as National Athletic Training Month. Kathy serves as an AC Preceptor at Adrian High School.

Also pictured are athletic trainers (L-R), *Jody Manes, Jamie Fetter* and John Robinson. Jody serves as an AC Preceptor at Siena Heights University. Jamie is the Head Athletic Trainer at AC. John Robinson is an athletic trainer at Madison High School.



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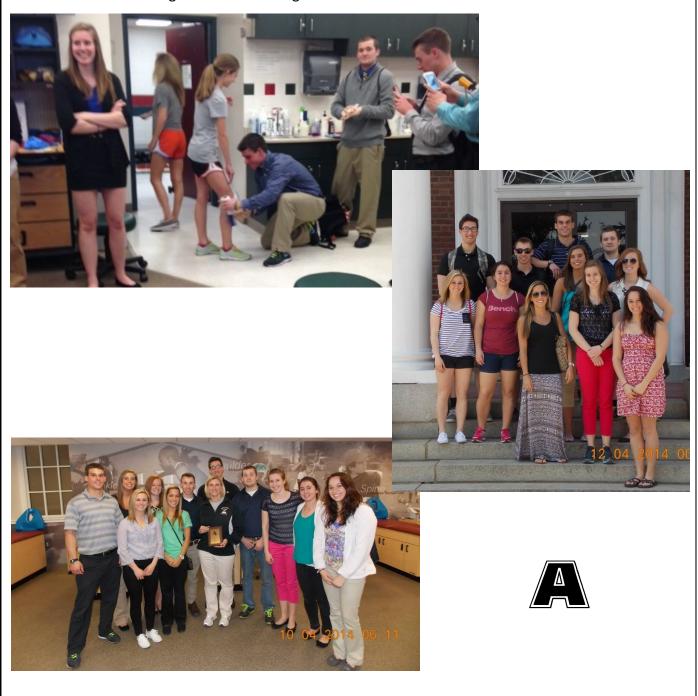




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## AT STUDENTS VISIT WASHINGTON D.C.

As part of ESPE 390 Topics in Exercise Science Spring 2014, *Professor Vic Liberi* chaperoned a trip to the Washington D.C. area where he and the students visited several schools with athletic training programs. The purpose of the course was to expose students to various sports medicine environments at both the high school and collegiate level.







## PLASTINATE SYMPOSIUM

Adrian College hosted a rare public exhibit of plastinated human anatomy specimens in February 2014. The collection was comprised of human specimens from the Body Worlds organization, The Interactive Museum of Anatomy at The University of Toledo Medical College and Adrian College's Department of Exercise Science and Physical Education.

Plastination is an organic materials preservation technique that was invented in the late 1970s by a German Anatomist, Gunther von Hagens. During the plastination process, human specimens are preserved in plastic without compromising make-up or structure of the tissue.

Adrian College is fortunate to be one of a handful of institutions in the world to use the Body Worlds specimens for teaching.



The featured speaker at the symposium held in conjunction with the exhibit was Dr. Carlos Baptista, professor in the Department of Neuroscience at the University of Toledo, College of Medicine. He is also the director of the Laboratory of Plastination.











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# STUDENTS/FACULTY TO ATTEND NATA

AT Program Faculty members *Dr. Tina Claiborne, Vic Liberi* and *Heather Schuyler* and several AT students and alums will be attending the NATA Symposium in Indianapolis, Indiana in June.



This year's NATA Social will be held on Thursday, June 26, 4 pm, at Granite City Food & Brewery.



## **CLINICAL EDUCATION COORDINATOR TRANSITION**



**Heather Schuyler** will assume the role of Clinical Education Coordinator for the Athletic Training Program as of the fall 2014 semester. Heather said, "I am so excited to be taking over the Clinical Coordinator position for the Adrian College Athletic Training Program! I have big shoes to fill, but I have no doubt that with the leadership and groundwork laid by you all and our Program Director, I will have no problem transitioning into this position seamlessly. I look forward to working with all of our current preceptors and the preceptors that are yet to come. Please don't

hesitate to contact me with any questions or concerns related to overseeing students or the clinical aspects of our program. Thank YOU all for everything you have done for our program and continue to do. Here's to a wonderful new beginning!"



# CONTACT US

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