



WELCOME!

The *Athletic Training Connection* is a newsletter to keep our alumni, staff and students up-to-date on what's happening in the Athletic Training Program at Adrian College.

Inside, you'll find articles on the recent Program Awards, Graduation, End of Year Party, Groundbreaking for the new medical clinic, the NATA Symposium and news about alumni, current students and faculty.

If there is any information you would like to have published in our next issue or if you have any questions or suggestions, please contact Program Director, Tina Claiborne, 517-265-5161, extension 4432, or through email at tclaiborne@adrian.edu.

FROM THE DIRECTOR'S OFFICE...

Dear Athletic Training Community,

Here is an excerpt from our letter from the CAATE following our comprehensive review this past year. There were zero citations earning us 10 years of re-accreditation! All of you deserve the credit...need I say more?

"Congratulations! The Commission on Accreditation of Athletic Training Education has reviewed your professional Athletic Training Program's rejoinder from their 2015-2016 comprehensive review. The Athletic Training Program at Adrian College has been granted 10 years of continuing accreditation.

The Commission on Accreditation of Athletic Training Education recognizes the faculty, staff, and administrators at Adrian College for their commitment to the advancement of education in Athletic Training, as well as your dedication to the preparation of qualified Athletic Training professionals."

Thanks to everyone for your help throughout the process!
Here's to another great year!

Dr. Tina Claiborne

ADRIAN COLLEGE

ADRIAN COLLEGE



Inside this issue:

PROGRAM AWARDS	2
ATSO	3
GRADUATION - Spring 2016	4
AT END OF YEAR PARTY	5
WELCOME NEW FACULTY / WELCOME BABY	6
GROUNDBREAKING!	7
ALUMNI NEWS	8
NATA SYMPOSIUM / PRESENTED AND/OR PUBLISHED	9

PRECEPTOR OF THE YEAR - 2015/2016



Jim Nicknair was chosen as the Preceptor of the year for 2015/2016. Jim is an assistant athletic trainer at Adrian College. The Glenburn, Maine native received his bachelor's degree in athletic training from The University of Southern Maine and his master's degree in athletic training from Ohio University. While at Ohio University, Jim was a graduate assistant working as the head athletic trainer at Belpre High School in Belpre, Ohio. Jim works with women's volleyball, men's and women's golf, men's ice hockey and baseball here at Adrian College.

Other Affiliates

- Athletico Physical Therapy
- Advantage Physical Therapy
- Britton-Deerfield High School
 - Calvin College
 - Hillsdale College
 - Madison High School
- Madison Township Fire Department
 - Pinckney High School
 - Sand Creek High School
 - Siena Heights University

2015/2016 Preceptors

- Joe Dykstra • Jamie Fetter
- Suzanne Harmon • Lynne Herbener-Neukom
- Tyler Koops • Jody Manes • Brian McEwan
- Jim Nicknair • Todd Nighswander
- Jay Richardson • Lorie Robinette
- Stacy Robinson • Anthony Rossi
- Meg Sharp • Kate Skoczyn
- Kathy Steuwe • Katelyn Terrazas • Sara Vida

THANKS TO JIM AND ALL OF OUR Preceptors!

RISING STAR OF THE YEAR - 2015/2016



Cahil Krajniak was chosen as the Athletic Training Rising Star of the Year for 2015/2016.

The Rising Star recognition is awarded to an Adrian College Athletic Training Student who exhibits exemplary academic and clinical potential in the initial phase of their athletic training education.

ATHLETIC TRAINING STUDENT OF THE YEAR – 2015/2016



Brigitte Cameron was awarded the Athletic Training Student of the Year award for 2015/2016.

This award recognizes students who have taken full advantage of their education by demonstrating dedication to the athletic training profession through scholarly activity and mastery of clinical skills.

ATHLETIC TRAINING STUDENT ORGANIZATION

The ATSO made over \$500 from tape sales to assist them with the NATA trip in June. Seven members attended including Brigette Cameron, Bailey Feekings, Dan Hudson, Casey Josz, Lydia Reedy and Eddie Schaeffer. The group participated in the MATS Quiz Bowl this year. In the fall, the group raked leaves to raise additional funds—see the fun they had in the photo below!

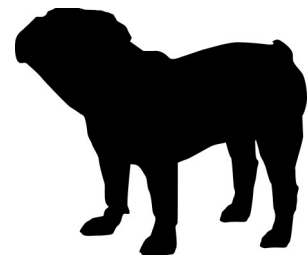


2016-2017 OFFICERS

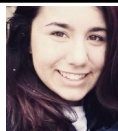
President.....	Casey Josz
Vice President	Bailey Feekings
Treasurer	Cahil Krajniak
Secretary	Madi Donaghy
Sophomore Representative	Hannah Emerson
Junior Representative	TBD
Senior Representative.....	Mikayla Kemp
Marketing Chair	Matt Scherer



DEDICATION
FAITH
Loyalty
COMMITMENT
DRIVE MOXIE
Integrity
CONFIDENCE HEART



ATSO MEMBER OF THE YEAR – 2015/2016



Brigette Cameron was selected as the ATSO Member of the Year for 2015/2016.

GRADUATION 2016



Andrew Andonian, Amanda Antos, Emily Borup, James Calder, Spencer Dennison, Cara Harm, Jake Ladd and Brayden Starr all received their Master's degree in Athletic Training at Spring Commencement on Sunday, May 1, 2016.

Brigette Cameron, Daniel Hudson, Lydia Reedy, Edward Schaeffer and Nathan Waite all graduated with a Bachelor's degree in Exercise Science/Pre-Athletic Training.

They will now continue into their 5th year of the program which will end with them achieving their Master's degrees in Athletic Training.



YOU DID IT!
Congratulations

AT END OF YEAR PARTY

Athletic Training students , faculty and preceptors gathered on Sunday, April 24 for an End of Year Party above Maggard's Razors in downtown Adrian. Annual Awards were presented and everyone had a chance to relax , have fun and celebrate the end of another terrific year for the AC AT program.



LIKE the AC AT Program on FACEBOOK

<http://www.facebook.com/vliberi>



WELCOME NEW FACULTY—JOHN GOETSCHIUS

Welcome!



The Athletic Training Program is excited to welcome **Dr. John Goetschius** to its faculty as the new Assistant Professor of Graduate Athletic Training and Exercise Science. John comes to Adrian College from Virginia where he just received his PhD in Kinesiology and Sports Medicine from the University of Virginia. His doctoral research focused on understanding the effects of ACL reconstruction on lower extremity skeletal muscle function and movement and how impairments in muscle function facilitate chronic knee disability. John received his Master of Education degree in Kinesiology-Athletic Training from the University of Virginia as well. He earned his Bachelor's degree in Athletic Training from the University of Vermont. John most recently worked as a Graduate Instructor/Teaching Assistant for the Department of Kinesiology at the University of Virginia and as a Clinical Research Coordinator for the Foot & Ankle Division / Sports Medicine Division of the Department of Orthopaedic Surgery at the University of Virginia. Prior to that, he worked as an Athletic Trainer for the University of Virginia Sports Camps for four years.

WELCOME BABY!



AC Athletic Trainer **Meg Sharp** and her husband Jeremy recently welcomed their new baby boy Gavin Michael to the world!



welcome
Little one

GROUNDBREAKING!



The Adrian College Health and Medical Clinic is coming soon! A groundbreaking ceremony was held May 13, 2016 at the site of the state-of-the-art facility on the Adrian College campus. The facility will be located just off Charles Street between the Arrington Ice Arena and Docking Stadium. Area businesses Adrian Steel and ProMedica are providing support and funding for the project. The facility will house several doctors and medical staff who will provide support to the college's sports medicine and athletic training programs, offer clinical experience and help cover home sporting events.



ALUMNI NEWS

Andrew Andonian is the new athletic trainer at Grass Lake High School in Grass Lake, MI.

Samantha Bono earned her Master's degree from California University of Pennsylvania.

Emily Borup is employed as an Athletic Training resident at Houston Methodist Sugar Land Hospital and will work with Austin High School in Sugar Land, TX.

J.P. Calder is now working for Probility Physical Therapy.

Spencer Dennison is working as an intern with the Detroit Lions.

Casey Donovan just joined Albion College as an Assistant Athletic Trainer in Albion, MI.

Megan Gallatin joined 3 Dimensional Physical Therapy (3DPT) as an athletic trainer and will be working with Tecumseh Middle School in Tecumseh, MI.

Cara Harm is working with summer camps for the Troy, MI Community Center.

Jake Ladd is working at Advantage Physical Therapy in Adrian, MI.

Mike Osterman accepted a position with Hinsdale Orthopedics in Chicago, IL.

Cody Spotts is the new athletic trainer at Blissfield High School in Blissfield, MI.

These 2016 graduates have passed the BOC exam: **Andrew Andonian, Amanda Antos, Emily Borup, J.P. Calder, Spencer Dennison, Sarah Engle, Cara Harm, Jake Ladd, James Ruby, and Brayden Starr.**



The following alums recently earned their EMT credential:

Andrew Andonian, Amanda Antos, Emily Borup, JP Calder, Spencer Dennison, Sarah Engle, Jake Ladd, and Brayden Starr.

ALUMS: If you have news to share, please send us an email with the details!
(tclaiborne@adrian.edu)

Congratulations!



Adrian College

CONTACT US

517-265-5161

Tina Claiborne, Ext. 4432, tclaiborne@adrian.edu
Heather Schuyler, Ext. 4101, hschuyler@adrian.edu
Victor Liberi, Ext. 5022, vliberi@adrian.edu
Amy Moore, Ext. 5023, amoore1@adrian.edu

ADRIAN COLLEGE, 110 S Madison St, Adrian, Michigan 49221
Merillat Sport and Fitness Center



STUDENTS/FACULTY ATTEND NATA

AT Program Faculty members **Dr. Tina Claiborne**, **Vic Liberi** and **Heather Schuyler** and several AT students and alums attended the NATA Symposium in Baltimore, Maryland in June.



PRESENTED AND/OR PUBLISHED

Peer Reviewed publications and presentations:

Rossi, A, Claiborne, TL, Thompson, G, Todaro, S (2016). The Influence of Friction Between Football Helmet and Jersey Materials on Force: A Consideration for Sport Safety. *NATA National Convention, Free Communications Poster Presentation, June 2016.* (**Anthony Rossi**)

Smith, B, Claiborne, TL, Liberi, V (2016) Ankle bracing decreases vertical jump performance and alters lower extremity kinematics. *International Journal of Athletic Therapy and Training*, 21(2), 39-46. (**Brad Smith**)

Non-refereed publications and presentations:

Andonian, A, Claiborne, TL, Sharp, M. Acute effects of self-foam rolling on concentric knee extension torque and power. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI, April 2016. (**Andrew Andonian**)

Antos, A, Claiborne, TL, Lauver, J. Gender comparisons of electromyography of the lower extremity muscles during the ice hockey skating stride. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI, April 2016. (**Amanda Antos**)

Borup, E, Claiborne, TL, Lauver, J. Gender comparisons in lower extremity muscle activation during dryland training exercises in collegiate ice hockey athletes. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI, April 2016. (**Emily Borup**)

Claiborne, TL (2016). Graduate athletic training buds from liberal arts roots. *NATA News*. 28(4), 10. (**Dr. Tina Claiborne**)

Dennison S, Liberi V, Thompson G. Effect of combat sporting equipment on forces at the punching hand. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI, April 2016. (**Spencer Dennison**)

Harm C, Liberi V, Liberi K. The prevalence of lower urinary tract symptoms and impact on quality of life in women's collegiate ice hockey athletes. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI, April 2016. (**Cara Harm**)

Starr, B, Claiborne, TL, Darr, K. The effect of ammonia smelling salts on isokinetic torque, power, and alertness. Ribbons of Excellence Scholarship Program, Oral Presentation. Adrian, MI, April 2016. (**Brayden Starr**)