



DIRECTOR'S NOTES...from the desk of Tina Claiborne

This has certainly been a huge year! Our undergraduate program was accredited without a hitch and we have admitted our first freshman class to go through the new 5 year Masters degree program. Most notably, however, is the fact that we graduated our first class of students (December 2010) from the newly accredited curriculum program!

In this issue, read about our program status, AC faculty, staff and student accomplishments featuring: **Jamie Fetter** Enters the "Lion's Den..."; **Victor Liberi** "Mixes It Up" with Martial Arts; ATS-Oh How Far They've Come!; Alumni Highlight: **Kristi Jones** - "Spine Tingly" Success.

I hope you enjoy the pages to come and plan on joining us at our end of the year party and at our alumni gathering at NATA.

WE'RE ACCREDITED!

The Athletic Training Education Program (Bachelor's degree) is now Accredited! The site visit occurred in September 2010 and was very successful. The site visitors



were very pleased with the self-study and their visit to our campus. We were notified of the approval on November 18, 2010.

Any student who was admitted to Adrian in the fall of 2007 or later is now eligible to sit for the Board of Certification (BOC) exam.

Now, the faculty and staff will continue to collect the required information and begin working on the next self-study to be submitted for the new Masters program in Athletic Training within the next few years.

Dr. Claiborne, the faculty and staff would like to extend their thanks and appreciation to all those who assisted with the self-study and site visit in any way. We could not have achieved accreditation status this soon without your assistance!



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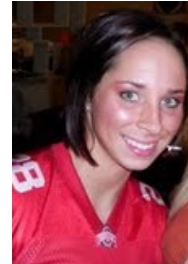
NEWEST ALUMNI!



Eric Suttie



Katelyn Tuck



Nicole Zynda

Congratulations to **Eric Suttie**, **Katelyn Tuck** and **Nicole Zynda**, our newest Athletic Training Education Program Alumni! They graduated December 3, 2010. Their success will pave the way for our future graduates. Nicole Zynda will be attending graduate school in the fall to become a Physician's Assistant. Katelyn Tuck is waiting to hear from graduate schools and Eric Suttie is looking to work. All three graduates are planning on taking the BOC exam soon.

GOOD LUCK TO OUR NEWEST ALUMNI!



ALUMNI SPOTLIGHT

Kristie Jones graduated from Adrian College in 1999 with a Bachelors degree in Exercise Science/Athletic Training. Upon graduation, she worked at Gary Gray physical therapy clinic and at her alma mater, Sand Creek High School, as an athletic trainer for 3 years. While there she worked with other AC athletic training alumni including **Callie Harris** and **Keith Bozyk**. From 2002-2004, she attended Wayne State University and received her Masters of Science for physician assistant studies. Her initial employment after PA school was in an internal medicine clinic in Blissfield, Michigan where she worked for 2 ½ years. Since 2006, she has worked with the University of Michigan orthopaedic surgery spine service as a physician assistant. She continues to maintain her athletic training certification. She is also a Red Cross certified instructor in CPR and first aid and often volunteers to teach. She continues to live in Adrian, has been married for 10 years, and has 2 dogs. She enjoys running and has been an instructor for a beginning runner program in Adrian. Kristie has completed 6 marathons.



JAMIE FETTER ENTERS THE “LIONS DEN”



Adrian College Athletic Trainer **Jamie Fetter** can now add a rather exciting item to his resume! He is volunteering as an Athletic Trainer for the Detroit Lions football team. Jamie has always wanted to work as an Athletic Trainer for an NFL team and now he's had the opportunity to spend the off-season at AC working the Lions' early summer practices.

During the summer of 2009, he just worked a 3-day mini-camp. When he contacted them in the spring of 2010, they sent him the entire summer practice schedule and asked him to work as often as he could. After finishing the summer practices, he was asked to work the 2010 home games!

The Lions have 4 full-time Athletic Trainers on staff and sometimes have up to 6 student interns helping out as well. Jamie is really grateful for the time he has been able to spend in the NFL. Seeing Athletic Training at the highest level and spending time with the Lions Athletic Training staff has truly been a learning experience. Jamie was impressed with the professionalism and down-to-earth quality of everyone within the organization.

This summer, Jamie is looking forward to going back again, but this time he won't be the only one there who is associated with Adrian College. **Trevor Lopez**, current sophomore ATS, will be a summer camp intern with the Lions!

Have fun this summer guys!



MAKE A DONATION TO THE ATHLETIC TRAINING EDUCATION PROGRAM

If you would like to help further the development of the Athletic Training Education Program by making a monetary donation, please contact the Development Office at 888-691-0008. You may also visit the AC website:

http://www.adrian.edu/development/giving_to_Adrian.php





ATHLETIC TRAINING STUDENT ORGANIZATION

HELP US RAISE \$ FOR GOOD CAUSES!

The ATSO has been very active this year! Look at all they have been up to!

Current officers are:

President - **Coralyn Grant**

Vice President - **Cindy Graves**

Treasurer - **Lindsay Baic**

Secretary - **Erin Laske**

Junior Class Representative - **Alyse Exelby**

Sophomore Representative - **Trevor Lopez**

Faculty Advisor - **Heather Schuyler**



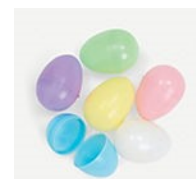
The group sold Hershey's Kisses Roses as a Valentine's Day fundraiser. They have also created a Dessert Cookbook using recipes they collected from group members and faculty. It is on sale right now for \$10. Funds collected will be used towards gifts for graduating seniors and the cost of attending the 2011 NATA Annual Meeting June 19-22, 2011 in New Orleans, LA.



Some members of the group will be running in the 35th Annual Glass City Marathon in Toledo on April 17. The group purchased t-shirts to wear the day of the race and to sell as a fundraiser. All the profits will go to the Hickman Cancer Center in support of finding a cure for breast cancer.



A fundraiser to benefit America 4R Marines will be held April 18-21 on campus - Easter Egg Surprise. Local businesses have been invited to donate items that will be placed in Easter Eggs that will be sold for \$1 each. The main mission of America 4R Marines is to support Marines who are deployed in the most remote areas as well as their families back home in the USA. They send basic needs items to the soldiers, provide services to the families and build memorials at local command posts.

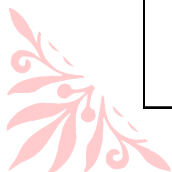
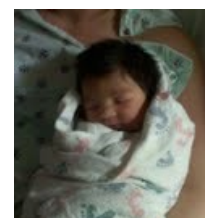


THE PUPPY POUND

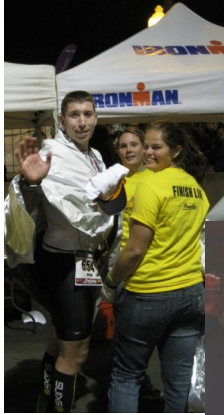


Senior Athletic Training Student **Robyn Denney** welcomed a new addition to her family November 4, 2010 when her new daughter Kaitlyn Marie arrived. She weighed 9 lbs, 1 oz and was 21-1/2 inches long!

Congratulations to Robyn and her husband Josh! Welcome to the world Kaitlyn!



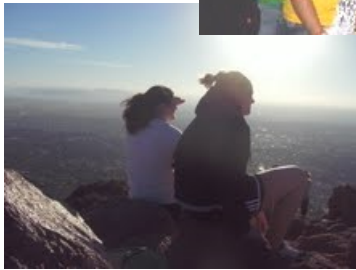
ESPE 390 IRONMANagement - WHAT AN EXPERIENCE!



Last November, **Tina Claiborne** and **Vic Liberi** took five students (**Lindsay Baic**, **Renae Blough**, **Alyse Exelby**, **Allie Langwald** and **Joseph St. John**) to volunteer at the Ironman Triathlon in Tempe, Arizona. The students got to experience, first hand, the level of commitment elite athletes give to their passion.



ESPE Professor **Dr. Adam Coughlin** participated in the triathlon so the group got to watch him compete along with around 2800 other athletes. When asked about the experience, Dr. Coughlin said, "It was nice to know that I had students cheering me on during the 14 hour race."



Oh...and they had fun sightseeing too! They hiked Camelback Mountain just north of Tempe.

Check out the current Athletic Training website at the following address:

http://www.adrian.edu/academics/ESPE/athletic_training



AND/OR

BECOME A FRIEND OF ATEP on FACEBOOK

<http://www.facebook.com/pages/Adrian-College-Athletic-Training-Education-Program/104879829571001>





STUDENT PROFESSIONAL ACTIVITIES

- **Kelly Babbles** and **Kelly Behen** presented their poster 'The Efficacy of Ballistic vs. Static Stretching' during the 2011 Ribbons of Excellence Day.
- **Jessica Grubbs** gave a presentation on Psychosocial Issues in Athletic Training during the 'Crossing Boundaries and Disciplines' Session of ROE. She is also interning at Carter Rehab as a Rehabilitation Aid as well as presenting her research on kinesiotape effectiveness at NATA in New Orleans, LA in June.
- **Lindsay Baic** is gaining experience as an Athletic Training Intern at Hillsdale College.



VIC LIBERI "MIXES IT UP" WITH MARTIAL ARTS

Mixed Martial Arts: A New Avenue for Athletic Trainers?

Adrian College's ATEP is now providing volunteer medical and corner coverage for Top Dog Fight League amateur mixed martial arts under the supervision of Professor **Vic Liberi**. Vic is a licensed Second (or cutman) by the Michigan Unarmed Combat Commission. He and his students provide services such as pre-fight medical screening, hand taping and corner work



alongside the rest of the medical team. The medical team consists of a local group of EMTs; Jennifer Gregg, RN and Dr. Stephen Bachmeyer of Tecumseh Family Practice.



Joey Flater, Senior ATS, provides pre-fight care.

In addition, fighters from "The Training Center", a local fitness facility and MMA team in Tipton, allow students to provide injury consultation under the supervision of Professor Liberi. "I think this experience is unique and very educational for athletic training students," Vic stated. "Mixed Martial Arts is an untapped area in which athletic trainers can have an impact. As long as it remains fun for me and educational for the students, this experience will continue."

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